The latest news from that Spice Route Movement is the preconference that was held on November 24, in Kathmandu, prior to the WONCA South Asia regional conference from November 25 to 26. More than 100 foreign delegates and nearly 200 national delegates signed up for the main conference.

This was the first time Spice Route Movement has held a preconference – it was a full day program with the presence and participation of WONCA World president, Prof Amanda Howe.

Other important speakers were Mark Zimmerman, a strong advocate for the development of General Practice in countries like Nepal, particularly in rural Nepal. Then, a variety of presentations from





the Nepali GPs followed covering topics such as teaching in rural areas, the difficulties of the daily life of a GP in practice, impact of policies and advocacy for General Practice. Another topic that was featured was the use of electronic health records in remote settings of Nepal.

The program also included a workshop on role of GPs in research, participation in exchange programs and how to increase collaboration. National representatives of the Spice Route Movement also shared their experiences which gave the opportunity for all to get familiar with South Asia Region's countries. and their experience this far.

The main conference included many presentations from national and international delegates. The inauguration was done by the president of Nepal, a woman (just like our WONCA president)!

The WONCA South Asia Region conference was being organized by the General Practitioners Association of Nepal after almost seven years and it has brought great excitement among GPs of Nepal.

Many have traveled from all over the world to attend this meeting!

Santosh K. Dhungana (Chair, Spice Route Movement)